

GLUTEN FREE

THE UNION

theunionvancouver.ca

@theunionvan

TheUnionBarRestaurant

SMALL PLATES:

TOMATO CHILI CHUTNEY - 7 
CRISPY FRIED PAPADAMS*

SPICY GREEN BEANS - 9 
SAMBAL, GF SOY & SESAME

CHANA DAL - 12  
CHICKPEA, RED LENTIL & TOMATO CURRY, PAPADAMS*
ADD JASMINE RICE - 3


SATAY GAI - 13
GRILLED CHICKEN SKEWERS, NAM JIHM, CUCUMBER PICKLE

TUNA TATAKI - 12
GOMASHIO CRUSTED AHI TUNA, GREENS, DAIKON,
BONITO, SCALLION DRESSING, PAPADAM CHIPS

SOM TUM SALAD - 10
FRESH GREEN PAPAYA, TOMATOES, FRESH HERBS, ROASTED PEANUTS,
CHILI LIME TAMARIND DRESSING

SPICY SZECHUAN CUCUMBERS - 9  
HOUSE CHILI OIL, PEANUTS, SESAME, CILANTRO

LARGE BOWLS AVAILABLE UNTIL 11PM

VERMICELLI "BÚN" BOWLS - 17
RICE NOODLES, PICKLED CARROT & DAIKON, LETTUCE, CUCUMBER,
FRESH HERBS, BEAN SPROUTS, PEANUTS, NUOC CHAM
* CHOICE OF: PORK BELLY, COD, PORK MEATBALLS OR TOFU 

CHA CA HANOI - 18
COD, BABY BOK CHOY, TURMERIC CHILI COCONUT MILK, VERMICELLI,
NUOC CHAM, FRESH HERBS, SCALLIONS


ALL THE EXTRAS

RICE - 3
FREE RUN EGG - 2

PAPADAMS* - 3
CRISPY CURRY CHICKPEAS* - 6

* WE USE SHARED FRYERS FOR DEEP FRIED ITEMS

 Recommended by the Vancouver Aquarium as ocean-friendly.

 Mealshare - We'll provide one simple, healthy meal to a youth in need.

 VEG FRIENDLY